

# Hopewell Junior High Lunch Menu



The Nutrition Group

Food Service Director: Rosann Hindman  
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## The Grille

- Cheeseburger
- Hamburger
- Chicken Patty
- Spicy Chicken

## The Garden

- Mon, Weds, Fri: Chef Choice
- Tues, Thurs: Crispy or Grilled Chicken
- Large Salad Available Daily Tier: \$3.40
- Small Salad Available Daily

## The Pizzeria

- Cheese/ Pepperoni Available Daily
- Mon: Chicken Bacon Ranch
- Tues: Meat Lovers
- Weds: Chicken Parmesan
- Thurs: Buffalo Chicken
- Fri: Pepperoni Twist Up

## Grab & Go

## Options

		11/1 Cinnamon French Toast w/ Sausage Tater Tots Fruit Choice Milk Choice	11/2 Pizza Pasta Bake Steamed Green Beans Fruit Choice Milk Choice	11/3 Meatball Hoagie Seasoned Broccoli Fruit Choice Milk Choice
11/6 <b>National Nacho Day</b> Beef 'n' Cheese Nachos Steamed Carrots Fruit Choice Milk Choice	11/7 No School Act 80 Day	11/8 General Tso's Chicken Steamed Broccoli Fruit Choice Milk Choice	11/9 Mozzarella Sticks w/ Sauce Seasoned Green Beans Fruit Choice Milk Choice	11/10 No School Veteran's Day
11/13 Hot Ham and Cheese on a Pretzel Bun Steamed Peas Fruit Choice Milk Choice	11/14 Pasta w/ Meatsauce and a Breadstick Romaine Salad Fruit Choice Milk Choice	11/15 <b>Harvest Feast</b> Oven Roasted Turkey Mashed Potatoes w/ Gravy Candied Sweet Potatoes Fruit Choice Milk Choice	11/16 Beef Tacos w/ Toppings Sweet Corn Fruit Choice Milk Choice	11/17 Cheeseburger Wrap Baked Beans Fruit Choice Milk Choice
11/20 Grilled Cheese w/ Tomato Soup Seasoned Broccoli Fruit Choice Milk Choice	11/21 Homemade Macaroni and Cheese Steamed Peas Fruit Choice Milk Choice	11/22 <b>Early Dismissal</b> Pulled Pork Sandwich Baked Sweet Potatoes Fruit Choice Milk Choice	11/23 No School	11/24 No School
11/27 No School	11/28 Toasted Italian Hoagie Steamed Broccoli Fruit Choice Milk Choice	11/29 Popcorn Chicken Bowl Mashed Potatoes Fruit Choice Milk Choice	11/30 Chicken Tenders w/ Roll Baked Beans Fruit Choice Milk Choice	

## The Deli

- Tier Meal: \$3.40
- Mon: Ham Club Melt
- Tues: Steak 'n' Cheese Melt
- Wed: Buffalo Chicken Wrap
- Thurs: Chicken Bacon Ranch Melt
- Fri: Popcorn Chicken/Chicken Nuggets

## Accompaniments

\*Must take at least one 1/2 cup of fruit or vegetable

\*Vegetable Bar May includes:

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber

\*Fruits May include:

- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Diced Pears
- Applesauce

## Milk

Milk Choices Offered Daily: \$.60  
1% white, non-fat white, non-fat flavored

## Proud to manage your food service program

Lunch Prices: Paid \$2.65 Reduced \$.40

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**MENUS SUBJECT TO CHANGE**

