

Secondary Breakfast Menu

Food Service Director: Rosann Hindman hindmanr@hopewellarea.org 724.375-6863

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1/1 No School	1/2 No School	1/3 Breakfast Sandwich Eggo Minis Grab 'n' Go Cereal Variety w/ Toast Breakfast bars Yogurt w/ Toast Fruit Choice Milk Choice	1/4 Breakfast Sandwich Eggo Minis Grab 'n' Go Cereal Variety w/ Toast Breakfast bars Yogurt w/ Toast Fruit Choice Milk Choice	1/5 Breakfast Sandwich Eggo Minis Grab 'n' Go Cereal Variety w/ Toast Breakfast bars Yogurt w/ Toast Fruit Choice Milk Choice	
1/8 Breakfast Sandwich Eggo Minis Grab 'n' Go Cereal Variety w/ Toast Breakfast bars Yogurt w/ Toast Fruit Choice Milk Choice	1/9 Breakfast Sandwich Eggo Minis Grab 'n' Go Cereal Variety w/ Toast Breakfast bars Yogurt w/ Toast Fruit Choice Milk Choice	1/10 Breakfast Sandwich Eggo Minis Grab 'n' Go Cereal Variety w/ Toast Breakfast bars Yogurt w/ Toast Fruit Choice Milk Choice	1/11 Breakfast Sandwich Eggo Minis Grab 'n' Go Cereal Variety w/ Toast Breakfast bars Yogurt w/ Toast Fruit Choice Milk Choice	1/12 Breakfast Sandwich Eggo Minis Grab 'n' Go Cereal Variety w/ Toast Breakfast bars Yogurt w/ Toast Fruit Choice Milk Choice	F
1/15 No School Martin Luther King Jr Day	1/16 Breakfast Sandwich Eggo Minis Grab 'n' Go Cereal Variety w/ Toast Breakfast bars Yogurt w/ Toast Fruit Choice Milk Choice	1/17 Breakfast Sandwich Eggo Minis Grab 'n' Go Cereal Variety w/ Toast Breakfast bars Yogurt w/ Toast Fruit Choice Milk Choice	1/18 Breakfast Sandwich Eggo Minis Grab 'n' Go Cereal Variety w/ Toast Breakfast bars Yogurt w/ Toast Fruit Choice Milk Choice	1/19 Breakfast Sandwich Eggo Minis Grab 'n' Go Cereal Variety w/ Toast Breakfast bars Yogurt w/ Toast Fruit Choice Milk Choice	
1/22 Breakfast Sandwich Eggo Minis Grab 'n' Go Cereal Variety w/ Toast Breakfast bars Yogurt w/ Toast Fruit Choice Milk Choice	1/23 OBreakfast Sandwich Eggo Minis Grab 'n' Go Cereal Variety w/ Toast Breakfast bars Yogurt w/ Toast Fruit Choice Milk Choice	1/24 Breakfast Sandwich Eggo Minis Grab 'n' Go Cereal Variety w/ Toast Breakfast bars Yogurt w/ Toast Fruit Choice Milk Choice	1/25 Breakfast Sandwich Eggo Minis Grab 'n' Go Cereal Variety w/ Toast Breakfast bars Yogurt w/ Toast Fruit Choice Milk Choice	1/26 Breakfast Sandwich Eggo Minis Grab 'n' Go Cereal Variety w/ Toast Breakfast bars Yogurt w/ Toast Fruit Choice Milk Choice	
1/29 Breakfast Sandwich Eggo Minis Grab 'n' Go Cereal Variety w/ Toast Breakfast bars Yogurt w/ Toast Fruit Choice Milk Choice	1/30 Breakfast Sandwich Eggo Minis Grab 'n' Go Cereal Variety w/ Toast Breakfast bars Yogurt w/ Toast Fruit Choice Milk Choice	1/31 Breakfast Sandwich Eggo Minis Grab 'n' Go Cereal Variety w/ Toast Breakfast bars Yogurt w/ Toast Fruit Choice Milk Choice			

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Middle & High School Alternate Options May Include:
Banana or Blueberry Muffins
Chocolate Chip Oatmeal Breakfast Bar
Warm Grab & Go Breakfast Sandwiches
Fortified Breakfast Pastries
Warm Bagels
Yogurt & Toast

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk Choices Offered Daily \$.60

Fat Free Chocolate, Fat Free Strawberry, Fat Free White and Low Fat White





Meal Prices: Paid \$1.25 Reduced \$.30

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE